

FOOD MENU

Served Daily From 12:00pm



BURGERS 'N DOGS

Chicken Katsu Curry Burger	10.95
Panko fried chicken breast, katsu curry sauce, gem lettuce & red onions served in a brioche style bap with kaleslaw and skin on fries	
Cheese 'n Bacon Burger 🚛.....	13.75
British beef burger, cheese & smoked bacon, served with a red onion caramelised chutney relish, gem lettuce, beef tomato and pickled gherkin, served in a soft brioche style bap with kaleslaw and fries on the side	
Beef Burger 🚛.....	11.95
British beef burger served with a red onion caramelised chutney relish, gem lettuce, beef tomato and pickled gherkin, served in a soft brioche style bap with kaleslaw and chips on the side	
Vegan Burger (Ve)	12.45
Moving Mountains plant-based burger, vegan mayo, gem lettuce, beef tomato and pickled gherkin, served in a soft vegan brioche style bun and served with a side of skin on fries	
Portobello Mushroom Burger (V)	9.45
Roasted Portobello mushroom, emmental cheese, lime chipotle mayo, gem lettuce, beef tomato, brioche bun, kaleslaw & skin on fries	
Cajun Chicken Burger	10.95
Cajun spiced chicken breast, avocado lime mayo, gem lettuce, beef tomato in a brioche style roll served with kaleslaw and skin on fries	
Gourmet Beechwood Smoked Hot Dog	9.45
Beechwood smoked for one and a half hours giving it a delicious, smoked flavour that tastes and smells irresistible, served in a brioche hot dog roll with skin on fries.	

BURGERS 'N DOGS TOPPINGS

Grated Cheese (V).....	1.15	Smashed avocado (V, Ve).....	2.95
Fried egg (V).....	1.00	Beef chilli 🚛.....	3.55
Halloumi (V).....	2.95	Pepperoni.....	1.75
Sweetcure smoked bacon rashers.....	2.25	Vegan cheese (V, Ve).....	1.25
		Crispy fried onions (V, Ve).....	0.95

SALADS

Chicken Caesar Salad	11.95
Roast chicken breast, cos lettuce, croutons, Parmesan shavings, Caesar dressing	
Mediterranean Pearl Couscous Salad	6.95
Mixed salad leaves, pearl couscous, chickpeas, sultanas, apricots, red peppers, red onions and cherry tomatoes in a chili herb vinaigrette dressing	
Vegan Pasta Salad (V, Ve)	6.95
Fusilli pasta, chickpeas, black olives, red peppers, red onion, cherry tomatoes, cucumber and fresh parsley in a vinaigrette dressing	
Greek Salad (V)	6.95
Mixed salad leaves, tomatoes, cucumber, red onion, red pepper, olives, feta cheese, olive oil and oregano	
Cajun Chicken Salad	10.95
Cajun spiced chicken breast, mixed salad leaves, avocado, tomato, red onion, creamy Cajun dressing	

SANDWICHES

Classic BLT	5.50
Sweetcured smoked bacon rashers, mayo, crispy lettuce and juicy beef tomatoes sandwiched in a white bloomer.	
Lemon Chicken Harissa Wrap	6.25
Tender chicken breast, rocket salad leaves, lemon harissa mayo in a flour tortilla wrap	
Wholemeal Turkey Breast Bap	7.50
Sliced turkey breast, beef tomato, mixed salad, citrus aioli and Emmental cheese served in Flourish Craft Bakery wholemeal bap	
Cheese Ham & Chutney	5.95
Mature cheddar, ham and caramelised red onion chutney on a wholemeal sourdough bloomer	
Fish Finger Sandwich	5.50
Fish fingers, tartare sauce, gem lettuce in soft white bloomer bread	
Red Pepper Hummus Ciabatta (V, Ve)	5.25
Roasted red pepper hummus, carrot, cucumber, red peppers and lettuce in a ciabatta slipper loaf	

KIDS MEALS (Under 12's Only)

Fish fingers and chips.....	4.25
Sausages, chips and beans.....	4.85
Chicken nuggets and chips.....	5.25
Ciabatta cheese and tomato pizza slice.....	4.95
<i>add pepperoni 1.75 add ham 0.95</i>	
Roasted red pepper hummus, carrot, cucumber and pita.....	4.50
Pasta twirls, tossed in tomato sauce and topped with grated mozzarella (v).....	4.45

SIDES AND SMALL PLATES

Premium British sausage roll.....	3.95
Skin on fries.....	1.75
<i>add cheese or curry sauce 1.15</i>	
Sweet potato fries.....	3.95
Roasted red pepper hummus topped with roasted pine kernels and olive oil and served with warmed pita bread.....	4.95
Falafel pita pocket, half a pita, salad falafel, mint yogurt dressing.....	3.95

PANCAKES

Three vegan American style pancakes.....	3.60
dusted in icing sugar (V, Ve). Add toppings of your choice.	

TOPPINGS

Honey (V).....	1.60
Maple syrup (V, Ve).....	2.50
Banana (V, Ve).....	0.95
Mixed berries and honey (V).....	3.95
Smoked bacon rashers & Maple syrup.....	4.75
Apple, cinnamon & honey (V).....	2.30
Granola & honey (V).....	2.75
Banana, chocolate chips & chocolate sauce (V).....	2.45
Whipped cream (V).....	0.95
Chocolate Sauce (V, Ve).....	0.95
Extra pancakes (V, Ve).....	1.25

PLEASE PLACE YOUR ORDER AT THE COUNTER

Food allergies and intolerances - Please speak to a member of our team about the ingredients in your meal, when placing your order.

V - Suitable for Vegetarians | Ve - Suitable for Vegans | 🚛 - Red Tractor Certified

DRINKS MENU

Hot Drinks

Espresso single.....	0.95
Espresso double.....	1.85
Flat white - 8oz.....	2.65
Cappuccino regular - 12oz.....	2.95
Café latte regular - 12oz.....	2.95
Americano regular - 12oz.....	2.50
Long black - 8oz.....	2.50
Mocha - 12oz.....	3.15
Cortado - 8oz.....	2.30
Macchiato.....	1.90
Hot chocolate - 12oz.....	2.95
Kids hot chocolate - 8oz.....	2.15
Chai latte - 12oz.....	3.15
English breakfast tea - 12oz.....	1.95
Lady grey tea - 12oz.....	2.15
Mint liquorice and fennel tea - 12oz.....	2.40
Green tea - 12oz.....	1.90
Mint fusion tea - 12oz.....	1.90
Pot of tea - English breakfast - 18oz.....	3.10
Pot of tea - Lady grey - 18oz.....	3.15
Pot of tea - Mint liquorice & fennel tea - 18oz.....	3.60
Pot of tea - Green tea - 18oz.....	2.85
Pot of tea - Mint fusion - 18oz.....	2.85

Smoothies, Iced Drinks & Shakes

Fresh fruit smoothies.....	4.25
• Passion Storm - Passion fruit, pineapple, peach, papaya, guava, aloe vera	
• Super Green - Apple, lime, spinach, avocado, basil, spirulina	
• Raspberry Heaven - Raspberries, blueberries, mango, apple	
Strawberry or mango smoothie.....	3.85
Milkshakes - Vanilla, chocolate chip or strawberry.....	4.25
Caramel frappé (Contains cream).....	3.85
Caramel coffee frappé (Contains cream).....	3.85
Iced teas - Peach, Lemon or Raspberry.....	2.95
Iced latte.....	2.85
Iced americano.....	2.50
Iced mocha.....	3.15
Iced chai latte.....	3.25

Alcoholic Drinks

Magners Original Irish Cider.....	2.95
San Miguel.....	3.50
Corona.....	3.50
Pimms & Lemonade.....	5.15
Gin & Tonic.....	5.15
Vodka & Coke.....	5.15
Sauvignon Blanc.....	5.60
Prosecco.....	8.95

Soft Drinks, Confectionery & Crisps

Slushy blue raspberry or strawberry.....	Small 1.60
	Regular 1.85
	Large 2.00
Apple or orange juice carton 200ml.....	1.60
Coke 330ml.....	1.60
Diet Coke 330ml.....	1.60
Lucozade Sport 500ml.....	2.60
Lucozade Energy orange 380ml.....	2.05
San Pellegrino 330ml.....	1.70
Yazoo 300ml.....	1.95
Innocent Kids 150ml.....	2.05
Fruit Shoot 275ml.....	1.60
Sports water 500ml.....	1.25
Sparkling water 500ml.....	1.50
Crisps - salt & vinegar, salt, cheese & onion.....	1.35
Popcorn - sweet & salty or salt.....	1.30
Eat Natural bars.....	1.95
Caramel waffles.....	1.00

We do not charge extra for soya or oat milk alternatives.
All our drinks have two shots, if you want a third it will be charged
80p extra. Extra cream and marshmallows charged at 50p,
extra syrups charged at 60p



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BREAKFAST MENU

Served Daily Until 11:30am

COOKED BREAKFASTS

The Full Tasty English 10.25

Fried Egg, Cumberland sausage, smoked sweetcure streaky bacon rashers, slow roasted on the vine cherry tomatoes, Portobello mushroom, hash browns, baked beans, white toast & spread

Vegan Plant-based Breakfast (Ve) 9.45

Plant-based Cumberland sausages, Portobello mushroom, slow-roasted on the vine cherry tomatoes, baked beans and hash browns, Flourish Bakery white toasted bloomer & spread

Veggie Breakfast (V) 10.25

Fried egg, plant-based Cumberland sausages, Portobello mushroom, slow-roasted on the vine cherry tomatoes, baked beans and hash browns, Flourish Bakery white toasted bloomer & spread

Eggs on Toast (V) 4.95

Two eggs fried, poached or scrambled, slow-roasted cherry tomatoes, Flourish Craft Bakery sourdough toasted bloomer & spread

Eggs Avocado (V) 7.75

Two poached eggs, seasoned avocado smash, slow-roasted on the vine cherry tomatoes, Flourish Bakery sourdough toasted bloomer & spread

TOAST

Two slices of toasted white or sourdough bloomer 2.95
with flora and jam or honey (V, Ve)

BREAKFAST EXTRAS

Egg (V) 1.00

Sweetcure smoked bacon rashers 2.25

Cumberland sausage 1.60

Portobello mushroom (V, Ve) 2.15

Halloumi (V) 2.95

Slice of toast & spread (V, Ve) 1.25

Hash browns (V, Ve) 1.45

Baked beans (V, Ve) 1.45

Avocado smash (V, Ve) 2.95

Cherry tomatoes (V, Ve) 1.45

Plant-based Cumberland sausage (V, Ve) 1.85

FILLED BRIOCHE BREAKFAST BUNS

Bacon or sausage 4.65

Bacon & sausage 6.95

Bacon & fried egg or sausage & fried egg 5.65

Fried egg, bacon & sausage 7.45

Vegan sausage (V, Ve) 5.45

Veggie brioche - poached egg, halloumi, 7.45
seasoned crushed avocado, brioche style bun (V)

FILLED CROISSANTS

Cheese (V) 2.55

Cheese & ham 2.75

Cheese & tomato or cheese & mushroom (V) 2.65

PANCAKES AND YOGURT BOWLS

Three vegan American style pancakes 3.75
dusted in icing sugar. Add toppings of your choice (V, Ve)

A bowl of organic natural yogurt 2.25
Add toppings of your choice. (V)

TOPPINGS

Honey (V) 1.60

Maple syrup (V, Ve) 2.50

Banana (V, Ve) 0.95

Mixed berries and honey (V) 3.95

Smoked bacon rashers & Maple syrup 4.75

Apple, cinnamon & honey (V) 2.30

Granola & honey (V) 1.95

Banana, chocolate chips & chocolate sauce (V) 2.45

Whipped cream (V) 0.95

Chocolate Sauce (V, Ve) 0.95

Extra pancakes (V, Ve) 1.25

KID'S BREAKFAST (Under 12's only)

Egg on toast (V) 3.50

Beans on toast (V, Ve) 3.50

Breakfast cereal - Rice Krispies or Coco Pops (V) 2.50

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