## **BREAKFAST MENU**

Served Daily Unitl 11:30am - Your Breakfast, Our Passion

Bacon or Sausage Sandwich on Tiger Bloomer 5.25 (Ce, Su) Fancy it loaded? Add cheese or hash browns.

Bacon & Egg or Sausage & Egg on Tiger Bloomer 6.25 (E, Ce, Su)

Veggie Breakfast Wrap | V | 9.00 (E, M, Mu, Ce)

Vegan Sausage Bap | Ve | 6.50 (Mu, Ce, So) Grilled vegan sausages tucked into a soft, toasted bap with a handful of fresh rocket and a generous spoon of tangy tomato chutney. Plant-based, hearty, and packed with flavour. \*Refreshed for Summer

Brunch Burrito NEW! | V | 10.25 (Ce, So, Su, E, M)

A toasted tortilla packed with spiced beans, creamy avo smash, a crispy shredded hash brown, fluffy scrambled eggs, and melted cheese, all finished with a generous side of zingy tomato salsa. A bold, feel-good brunch wrap bursting with flavour and good vibes.

The Full Tasty English 11.25 (E, Ce, Su) Our biggest breakfast - Comforting, filling and freshly cooked to order.

Cheese & Bacon Omelette | GF | 9.50 (E, M) Like it heartier? Add mushrooms or a side of toast.

Egg's Avo | V | 9.25 (E, Su, Ce)

Zesty avo smash, rocket, chilli & seeds on sourdough, topped with two poached eggs and a drizzle of olive oil. Fancy more? Add a grilled halloumi slice for the perfect upgrade. *Refreshed for Summer* 

Egg's Your Way | V | 7.25 (E, Ce) Make it your way. Add avo, mushrooms or cheese.

Veggie Breakfast | V | 11.25 (E, Ce, So)

Vegan Garden Plate IEW! | Ve | 11.25 (Ce, Su, S) Roasted mushrooms, cherry tomatoes & smashed avo on sourdough, drizzled with lemon tahini. Fresh, vibrant & plant-powered. huh £1 from every Garden Plate is donated to Herts Young Homeless.

ANDWICHES

BREAKFAST SANDWICHES Stacked and satisfying. No fuss all flavour.

Banana & Chocolate Waffle | V | 6.75 (Ce, So, E, M) Warm Belgian waffle topped with sliced banana, rich chocolate sauce and whipped cream — sweet, gooey and indulgent.

Summer Berry Waffle NEW! | V | 6.75 (Ce, So, E, M)

Golden waffle topped with juicy strawberries, raspberries and blueberries, drizzled with honey and served with a spoonful of creamy Greek yogurt light, fruity and perfect for sunny days.

Strawberry Yogurt Pot NEW! | V | 6.00 (M, N)

Vegan Overnight Oats NEW! | Ve | 5.00 (Ce)

KID'S BREAKFAST luice included!

COOKED BIG PLATES -uel your day, the Tasty Bean way.

## Eggs on Toast | V | 5.25 (E, Ce)

Beans on Toast | V | 5.25 (Ce)

Mini Cooked Breakfast 8.25 (E, Ce, Su)

Muffin Munch Cup NEW! | V | 6.50 (E, M, Ce, Su) A yummy lemon meringue muffin served with crunchy apple slices and sweet strawberries on the side — just the right size.

Cheese & Tomato Breakfast Quesadilla IEW | V | 6.50 (M. Ce. Su) Toasty tortilla triangles filled with gooey cheese and tasty sliced tomatoes



PLEASE PLACE YOUR ORDER AT THE COUNTER OR SCAN THE QR CODE FOR TAKEAWAY ORDERS

Food allergies and intolerances - Please speak to a member of our team about the ingredients in your meal, when placing your order. Different foods are cooked in our fryers so traces of all allergens maybe present in the oil. Some of our ingredients come from suppliers where traces of allergens maybe present in their environments. Any variations to the menu items may affect allergens. V - Suitable for Vegetarians | Ve - Suitable for Vegans | GF - Gluten Free Allergens: Ce - Cereals | C - Celery | Cr - Crustaceans | E - Eggs | F - Fish | L - Lupin | M - Milk | Mo - Molluscs Mu - Mustard | N - Nuts | P - Peanuts | S - Sesame Seeds | So - Soya | Su - Sulphites