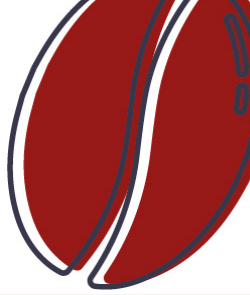


BREAKFAST MENU

Served Daily Until 11:30am - Your Breakfast, Our Passion



BREAKFAST SANDWICHES
Stacked and satisfying. No fuss all flavour.

Bacon or Sausage Sandwich on Tiger Bloomer 5.25 (Ce, Su)
Fancy it loaded? Add cheese or hash browns.

Bacon & Egg or Sausage & Egg on Tiger Bloomer 6.25 (E, Ce, Su)

Veggie Breakfast Wrap | V | 9.00 (E, M, Mu, Ce)

Vegan Sausage Bap | Ve | 6.50 (Mu, Ce, So)

Grilled vegan sausages tucked into a soft, toasted bap with a handful of fresh rocket and a generous spoon of tangy tomato chutney. Plant-based, hearty, and packed with flavour. ★ **Refreshed for Summer**

Brunch Burrito **NEW!** | V | 10.25 (Ce, So, Su, E, M)

A toasted tortilla packed with spiced beans, creamy avo smash, a crispy shredded hash brown, fluffy scrambled eggs, and melted cheese, all finished with a generous side of zingy tomato salsa. A bold, feel-good brunch wrap bursting with flavour and good vibes.

COOKED BIG PLATES
Fuel your day, the Tasty Bean way.

The Full Tasty English 11.25 (E, Ce, Su)

Our biggest breakfast - Comforting, filling and freshly cooked to order.

Cheese & Bacon Omelette | GF | 9.50 (E, M)

Like it heartier? Add mushrooms or a side of toast.

Egg's Avo | V | 9.25 (E, Su, Ce)

Zesty avo smash, rocket, chilli & seeds on sourdough, topped with two poached eggs and a drizzle of olive oil. Fancy more? Add a grilled halloumi slice for the perfect upgrade. ★ **Refreshed for Summer**

Egg's Your Way | V | 7.25 (E, Ce)

Make it your way. Add avo, mushrooms or cheese.

Veggie Breakfast | V | 11.25 (E, Ce, So)

Vegan Garden Plate **NEW!** | Ve | 11.25 (Ce, Su, S)

Roasted mushrooms, cherry tomatoes & smashed avo on sourdough, drizzled with lemon tahini. Fresh, vibrant & plant-powered.

hvh £1 from every Garden Plate is donated to Herts Young Homeless.

MORNING TREATS
Feel good mornings, start here.

Banana & Chocolate Waffle | V | 6.75 (Ce, So, E, M)

Warm Belgian waffle topped with sliced banana, rich chocolate sauce and whipped cream — sweet, gooey and indulgent.

Summer Berry Waffle **NEW!** | V | 6.75 (Ce, So, E, M)

Golden waffle topped with juicy strawberries, raspberries and blueberries, drizzled with honey and served with a spoonful of creamy Greek yogurt — light, fruity and perfect for sunny days.

Strawberry Yogurt Pot **NEW!** | V | 6.00 (M, N)

Vegan Overnight Oats **NEW!** | Ve | 5.00 (Ce)

KID'S BREAKFAST
Juice included!

Eggs on Toast | V | 5.25 (E, Ce)

Beans on Toast | V | 5.25 (Ce)

Mini Cooked Breakfast 8.25 (E, Ce, Su)

Muffin Munch Cup **NEW!** | V | 6.50 (E, M, Ce, Su)

A yummy lemon meringue muffin served with crunchy apple slices and sweet strawberries on the side — just the right size.

Cheese & Tomato Breakfast Quesadilla **NEW!** | V | 6.50 (M, Ce, Su)

Toasty tortilla triangles filled with gooey cheese and tasty sliced tomatoes

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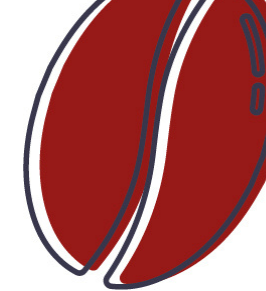
V - Suitable for Vegetarians | Ve - Suitable for Vegans | GF - Gluten Free

Allergens: Ce - Cereals | C - Celery | Cr - Crustaceans | E - Eggs | F - Fish | L - Lupin | M - Milk | Mo - Molluscs | Mu - Mustard | N - Nuts | P - Peanuts | S - Sesame Seeds | So - Soya | Su - Sulphites



LUNCH MENU

Served daily from 12:00 pm



BURGERS & HOT DOGS

Big Bites. Bold Flavours. Served with

Skin-On Fries & Slaw.

(Vegan Burger with Mixed Leaves)

Cheese Burger 13.50 (M, Mu, Ce, S, E, Su)

Panko Chicken Burger 12.25 (Ce, S, E, Su)

Halloumi Harissa Burger **NEW!** | V | 12.00

Grilled halloumi stacked in a toasted bun with a punchy harissa mayo, crisp lettuce, juicy tomato, & red onion. bold, fiery, and satisfying. (Ce, S, E, Su)

Buttermilk Style Burger **NEW!** | Ve | 12.50 (Ce, S)

Hot Dog 8.00 (C, So, M, Ce)

Make it Loaded – Add Grated Cheese or Crispy Onions for Extra Crunch & Flavour

WAFFLES & SUNDAES

Choco Banana Whip Waffle 6.75 (M, Ce, E, So)

Oreo Cookie Sundae 6.00 (Ce, So, M)

Salted Caramel Soft Whip Waffle 6.75 (M, Ce, E, So)

Strawberry Biscoff Sundae **NEW!** 6.00 (M, Ce)

Soft serve vanilla ice cream layered with sliced strawberry, sweet strawberry sauce, Biscoff crumb, and a swirl of cream — fruity, crunchy, and deliciously indulgent

Affogato **NEW!** 3.50 (M)

Velvety vanilla ice cream drowned in a shot of rich, hot espresso — the perfect blend of hot and cold, sweet and bold. Try it with a splash of Baileys for a grown-up twist.

SANDWICH'S & WRAPS

Freshly Filled & Full of Flavour

Sandwiches served on white tiger bloomer as standard; traditional seeded bloomer available on request.

Club Sandwich & Fries 12.50 (Ce, E)

Chilli Mayo Halloumi Wrap | V | 9.50 (Ce, E)

Tuna Mayo & Sweetcorn Bloomer 5.50 (Ce, E, F, Su)

Coronation Chicken Bloomer **NEW!** 5.50 (Ce, E, C, Su)

Tender chicken breast in a creamy, spiced coronation mayo and a hint of mango chutney. Make it a meal – add crisps and a drink for the perfect lunch combo

Falafel & Pickled Veg Wrap **NEW!** | Ve | 8.25 (Ce, S)

Falafel with pickled red cabbage, grated carrot and lettuce, all wrapped up with a zesty lemon tahini dressing. Vibrant, wholesome, and packed with flavour

Brunch Burrito **NEW!** | V | 10.25 (Ce, So, Su, E, M)

Toasted tortilla filled with spiced beans, avo smash, hash brown, scrambled eggs, and melted cheese — served with zingy tomato salsa. A bold, feel-good brunch wrap

SIDES

Perfect Pairings for Any Plate

Skin On Fries | V | 2.50

Make them loaded – Cajun-spiced, cheese-topped, or the full works with cheese & bacon

Sweet Potato Fries | V | 4.25

Halloumi Fries & Sweet Chilli Dip | V | 6.50 (M)

KIDS' MENU

Tasty Treats for Tiny Tummies

Chicken Nuggets & Chips 5.50 (Ce)

Fish Fingers & Chips 5.00 (Ce, F)

Kids Pizza & Chips 6.00 (Ce, M)

A kid-sized pizza with crispy chips – pick your favourite: pepperoni or cheesy goodness

Sausage Chips & Beans 6.50 (Ce, So, Su)

Make it vegan – just ask for our plant-based sausage swap

Ham & Cheese Sandwich **NEW!** 5.00

Soft white bloomer sandwich with ham and cheese, crusts off and served with cucumber sticks on the side (Ce, M)

SALADS

Fresh, Colourful & Full of Goodness

Panko Chicken Nourish Bowl 12.50 (Ce, E)

Make it vegan with buttermilk-style vegan chicken and creamy tahini dressing

Chicken Cesar Salad 12.50 (E, M, Ce)

Apple, Feta & Coleslaw Salad **NEW!** 10.00

Mixed leaves, crunchy Asian slaw (no mayo), grated apple, crumbled feta, drizzled in a honey mustard dressing. (Su, M, Mu)

Veggie & Hummus Salad **NEW!** | Ve | 9.50

Tuna & Sweetcorn Salad 12.00 (F, E, Su)

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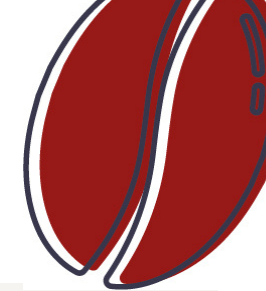
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DRINKS MENU

Coffee, tea, or something chilled — all made to order.



FRAPPÉS

Our frappés are cool, creamy, and always come with whipped cream and drizzle

	Regular/Large
Coffee Caramel V GF	4.40/4.85
Vanilla Caramel V GF	4.40/4.85
Strawberries & Cream V GF	4.40/4.85
Cookies & Cream NEW! V	4.40/4.85
Chocolate Hazelnut V GF	4.40/4.85

SMOOTHIES

Fresh. Fruity. Blended.

	Regular/Large
Mango & Passion-fruit Ve GF	5.00/5.25
Strawberry & Banana Ve GF	5.00/5.25
Avo-Go-Go V GF	5.50
Great Taste Award Winner - Mango, Spinach, Broccoli, Avocado, Coconut, Ginger & Lime.	
Blueberry Thrill NEW! V GF	5.50
Good for Happy Hearts - Raspberry, Blueberry, Banana, Flaxseed.	

HOT DRINKS

Hand-roasted Arabica beans from Press
Coffee, with a smooth, chocolatey finish.

Milk alternatives? Always free!

	Regular/Large
Latte/Cappuccino	3.55/3.80
Customise your cup, add a syrup for just 60p	
Flat White	3.50
Americano	3.00/3.25
Teas	2.55/2.80
Enjoy a comforting pot of your favourite blend – from rich and classic to light and herbal:	
• English Breakfast • Decaf • Earl Grey •	
• Lady Grey • Green Tea • Peppermint •	
• Red Berry Fruit • Mint, Liquorice & Fennel •	
• Chamomile •	

Hot Chocolate	3.65/3.90
Treat yourself – cream or mallows, 60p each	

Chai Latte	4.15/4.40
Make it a Dirty Chai – just add espresso, 80p	

Mocha	3.75/4.00
Espresso	2.20/2.50

Affogato NEW!	3.50
Velvety vanilla ice cream drowned in a shot of rich, hot espresso — the perfect blend of hot and cold, sweet and bold. Try it with a splash of Baileys for a grown-up twist.	

ICED DRINKS

Cool, refreshing, and made to order — perfect for any kind of chill

	Regular/Large
Iced Latte	3.55/3.80
Iced Americano	3.00/3.25
Iced Mocha	3.75/4.00
Iced Chai Latte	4.15/4.40
Pink Lemonade Cooler Ve GF	3.25/3.50
Peach Iced Tea Ve GF	3.25/3.50
Bubble Teas NEW! Ve GF	4.00/4.25
Refreshing, fruit-packed iced teas with sweet popping boba - a little burst of fun in every sip.	
• Mango & Passion-fruit • Strawberry & Passion-fruit •	
• Mango & Pineapple • Strawberry & Pineapple •	

COOLERS WITH A KICK

Icy, boozy & built for Summer sipping.

	Regular/Large
Bailey's Iced Mocha	6.50/6.75
Vodka Vanilla Iced latte	6.50/6.75
Strawberry & Banana Rum Twist	6.50/6.75
Caramel Caribbean Rum Frappé	6.50/6.75
Espresso Martini Frappé	6.50/6.75

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